



Notice on the Issuance of the Competition Regulations for the 3rd International Yang Family (Style) Tai Chi Elite Competition

The 3rd International Yang Family (Style) Tai Chi Elite Competition will be held in Emeishan City, Sichuan Province, from October 16 to 18. The “Competition Regulations for the 3rd International Yang Family (Style) Tai Chi Elite Competition” and related matters are hereby notified as follows. Please organize your participation in accordance with these regulations.

The results of the individual competitions of this event may meet the technical requirements for the International Yang Family Tai Chi Chuan Association (YFTC) Duan and Chinese Wushu Association Dan 1 to 6 ranks. Any participant whose competition results and qualifications meet the requirements for promotion to the corresponding rank may apply to the YFTC Ranking Department and the Sichuan Wushu Ranking Office for the latter respectively.

This competition will feature a Team Total Points Award with a total prize pool of 9,900 yuan (see Appendix 1 for details). Additionally, an Organizational Award will be presented as follows:

- Organizations that register 81 or more participants will receive 16,800 yuan;
- Organizations registering 61–80 participants will receive 10,800 yuan; and
- Organizations registering 46–60 participants will receive 8,000 yuan.
- Teams with 31–45 registrants will receive 2,400 yuan; and
- Teams with 15–30 registrants will receive 900 yuan.

Awards will be presented on-site to eligible teams following the conclusion of the competition.

- I. Organizer: Sichuan Wushu Association
- II. Host: Emeishan Municipal People’s Government,
International Yang Family Tai Chi Chuan Association
- III. Co-organizers:
Emeishan Municipal Bureau of Culture, Sports, and Tourism;
Yang Family Tai Chi (Beijing) International Cultural Development Co., Ltd.;
Chengdu Yaolong Zhixing Business Services Co., Ltd.
- IV. Competition Date and Venue

Date: October 16–18, 2026

Venue: CITIC Guoan Emeishan Gymnasium

(No. 6 Guangming Avenue, Emeishan City)

V. Registration Time and Location

1. Technical Delegates, Arbitrators, and Referees:

- Please register by 12:00 PM on October 15.
- The registration location will be announced separately.
- Referees' travel expenses will be covered in accordance with relevant financial regulations (any excess costs are to be borne by the individual).

2. Registration Time, Location, and Required Documents for Sports Teams:

- Please report to the CITIC Guoan Emeishan Gymnasium between 10:00 and 17:00 on October 15 and
- Submit the following documents:
 - Competition registration form,
 - Remittance slip,
 - Liability waiver,
 - Copy of ID card,
 - Medical examination certificate, and
 - Accident insurance policy (covering round-trip travel)

VI. Organizing Committee and Technical Meeting:

All team leaders and coaches are requested to attend the Organizing Committee and Technical Meeting

- Date: October 15
- Time: 7:30 PM
- Location : to be determined

Contact person and phone number: Dai Xuli, 13880691838.

VII. Referee Training

All referees are requested to assemble for training on

- Date: October 15
- Time: 2:00 PM

- Location: Conference room of the CITIC Guoan Emeishan Gymnasium.
Contact person and phone number: Pam Boyde at pamboyde@yangfamilytaichi.com

VIII. Team Venue Familiarization

After check-in on October 15, teams may familiarize themselves with the venue at the CITIC Guoan Emeishan Gymnasium.

IX. Contact Information

Registration Email and Contact Information (Weekdays 9:00 AM–5:00 PM):

1. Mainland China Group Registration and Inquiries:

Contact Person: Mr. Qi, Phone: 19150193035 (Event Inquiries):

Ms. Tao 18408299938 (Registration Form & Email Contact):

Ms. Dai 13880691838 (Logistics & Hospitality):

Ms. Guo 18708182140 (Logistics & Hospitality)

Registration Email: 1506339639@qq.com

2. Overseas Group Registration and Inquiries:

Contact Person: Wang Zhaochuan 139 0804 3569

3. International Yang Family Tai Chi Chuan Association China Adventure participants:

Contact person: Fernando De Lazzari at ranking@yangfamilytaichi.com

X. Any unaddressed matters will be announced separately.

Appendices:

1. Competition Regulations for the 3rd International Yang-Style Tai Chi Elite Competition
2. Supplementary Rules for the 3rd International Yang Family (Style) Tai Chi Elite Competition
3. 3rd International Yang Family (Style) Tai Chi Elite Competition Waiver

Sichuan Wushu Association

International Yang Family Tai Chi Chuan Association

May, 2026



Appendix 1

3rd International Yang Family (Style) Tai Chi Elite Competition Regulations

I. Organizing Bodies

1. Organizer: Sichuan Provincial Wushu Association
2. Co-organizers: Emeishan Municipal People's Government, International Yang Family Tai Chi Chuan Association
3. Co-organizers: Emeishan Municipal Bureau of Culture, Sports, and Tourism; Yang-style Tai Chi (Beijing) International Cultural Development Co., Ltd.; Chengdu Yaolong Zhixing Business Services Co., Ltd.

II. Date and Venue

1. Registration Date: October 15, 2026
2. Competition Dates: October 16–18, 2026
3. Venue: CITIC Guoan Emeishan Gymnasium (No. 6 Guangming Avenue, Emeishan City)

III. Participating Entities

1. Tai Chi practitioners nationwide.
2. Units from "Hometowns of Wushu" across the country.
3. Eligible enterprises, public institutions, social organizations, schools, and Tai Chi organizations nationwide.
4. Authorized individuals (including international participants).

IV. Competition Events:

A. Individual Events

1. Mandatory Events

- i. Fist Forms: 24-Form Simplified Tai Chi Chuan, 42-Form Tai Chi Chuan;
- ii. Weapons: 32-Form Tai Chi Sword, 42-Form Tai Chi Sword, Tai Chi Fan (optional).

2. Traditional Events

- i. Chen-style Tai Chi: 56-form Chen-style Tai Chi competition routine, other traditional Chen-style Tai Chi forms and weapons;
- ii. Yang-style Tai Chi: 40-form Yang-style Tai Chi competition routine, Yang Family Tai Chi Essential Form, Yang Family Tai Chi 26 Form, Yang Family Tai Chi weapon forms, other traditional Yang-style Tai Chi forms and weapons;
- iii. Wu-style Tai Chi: 45-form Wu-style Tai Chi competition routine, other traditional Wu-style Tai Chi forms and weapons;
- iv. Wu-style Tai Chi: 46-form Wu-style Tai Chi competition routine, other traditional Wu-style Tai Chi forms and weapons;
- v. Sun-style Tai Chi: 73-form Sun-style Tai Chi competition routine, other traditional Sun-style Tai Chi forms and weapons;
- vi. He-style Tai Chi, Wang Qih-style Tai Chi, and other traditional Tai Chi forms and weapons;
- vii. Other Tai Chi styles.

B. Partner Drills

1. Unarmed partner drills;
2. Weapon partner drills (including unarmed and weapon partner drills).

C. Group Events

1. Forms: Tai Chi (Eight Methods and Five Steps), 24-Form Simplified Tai Chi, 42-Form Tai Chi, Yang Family Tai Chi Essential Form, Yang Family Tai Chi 26 Form, and other Tai Chi forms;
2. Weapons: Tai Chi Fan, 32-Form Tai Chi Sword, 42-Form Tai Chi Sword, Yang Family Tai Chi Sword Form, Yang Family Tai Chi Saber Form, and other Tai Chi weapons (including mixed routines combining weapons and forms).

V. Participation Guidelines

1. Each team may register one team leader, one coach, and one team doctor, with a minimum of three athletes;
2. Individual Events: Each athlete may enter a maximum of 2 events (1 hand form and 1 weapon event, including paired events) and may also enter 2 team events;
3. Paired Events: Each athlete may enter a maximum of 2 events (1 form and 1 weapon event, including individual events). There are no restrictions on the athlete's gender or age group; mixed-gender teams are permitted, and athletes may also enter 2 team events;
4. Team Events: Each team may enter two team events (one hand form and one weapon event); each event must have at least 6 participants, with a maximum of 9 participants for team weapon events and 12 for team form events; there are no restrictions on athletes' gender or age group, and mixed-gender teams are permitted.

VI. Competition Procedures

- A. The competition will follow the latest version of the “Traditional Wushu Routine Competition Rules (2024 Edition)” approved by the Chinese Wushu Association, along with relevant supplementary regulations.
- B. Time Limits for Routines
 1. Tai Chi Chuan events: 3–4 minutes. The chief referee will sound a whistle as a warning when the performance reaches 3 minutes.
 2. Tai Chi Weapons events: 2–3 minutes. The chief referee will sound a whistle as a warning when the performance reaches 2 minutes.
 3. Sparring events: 2–3 minutes. The chief referee will sound a whistle as a warning when the performance reaches 2 minutes.
 4. Group events: 3–6 minutes.
- C. Mandatory events must be performed in the prescribed sequence; no movements may be added, omitted, or altered. A deduction of 0.1 points will be applied for each added or omitted movement or for each alteration of a movement, with deductions accumulated.
- D. Group routines must be accompanied by music (participants must provide their own music in MP3 format). The music must not contain rap or similar content; if rap is present, the Chief Judge will deduct 0.2 points. Participants who do not provide music will also have 0.2 points deducted by the Chief Judge. During the competition, the team’s coach or team leader is responsible for playing the music.
- E. Age Groups
 1. Children’s Group (Group A): 11 years old and under (born on or after January 1, 2015);
 2. Junior Group (Group B): 12 to 17 years old (born between January 1, 2009, and December 31, 2014);
 3. Youth Group (Group C): Ages 18 to 39 (born between January 1, 1987, and December 31, 2008);
 4. Middle-Aged Group (Group D): Ages 40 to 59 (born between January 1, 1967, and December 31, 1986);
 5. Senior Group (Group E): Ages 60 to 70 (born between January 1, 1966, and December 31, 1955);
 6. Senior Group (Group F): 70 years of age and older (born on or before December 31, 1955).
- F. There are no boundary requirements for the venue of team events.

VII. Qualification, Awards, and Prize Money Regulations

1. Individual Events: For each event and age group, 30% of participants will receive first prize, 30% second prize, and 40% third prize, separately for men and women. First prize winners in each group will be awarded a “gold medal + certificate,” second prize winners a “silver medal + certificate,” and third prize winners a “bronze medal + certificate.” The award ratios will be

calculated based on the number of participants in each group, rounded to the nearest whole number; if a group has fewer than three participants, one fewer award will be granted.

2. Team Events: Each event will award 30% First Place, 30% Second Place, and 40% Third Place, based on the actual number of participating teams. For First, Second, and Third Place winners in each group: individuals will receive a “medal and certificate,” and the team will be awarded a team trophy.
3. Sparring Events: Awards will be presented separately for unarmed sparring and weapon sparring (including a combination of unarmed and weapon sparring). The award ratio and procedures are the same as for individual events.
4. Team Total Points Award: Total prize money: 9,900 yuan. The calculation method for team total points in individual events is as follows: for each first prize or championship won by an athlete from a participating organization, 3 points are awarded; for each second prize or runner-up finish, 2 points are awarded; and for each third prize, 1 point is awarded. Team rankings are determined based on the cumulative total points. Groups with 30 or more registered participants that rank in the top six of the team total score will be awarded a team trophy and prize money. The team champion receives 4,000 yuan, the runner-up 2,000 yuan, and the third-place team 1,500 yuan. Fourth through sixth place receive 1,000 yuan, 800 yuan, and 600 yuan, respectively.
5. Organizational Awards: Organizations registering 81 or more participants will receive 16,800 yuan; 61–80 participants, 10,800 yuan; 46–60 participants, 8,000 yuan; 31–45 participants, 2,400 yuan; and 15–30 participants, 900 yuan.
6. Martial Virtue and Ethics Award: Organizing units with 35 or more participants will be awarded a “Martial Virtue and Ethics Award” plaque. Coaches from these units are eligible for the “Outstanding Coach” selection in this competition; outstanding coaches will receive a trophy and a certificate of honor.

VIII. Arbitration Committee The composition and scope of responsibilities of the Arbitration Committee shall be governed by the “Regulations of the Arbitration Committee.”

IX. Competition Results and Dan Rank Applications: Individual results from this competition may serve as technical requirements for the International Yang Family Tai Chi Chuan Association (YFTC) and Chinese Wushu Association 1 to 6 Duan/Dan ranks. Participants whose competition results and qualifications meet the requirements for promotion to the corresponding rank may apply to the YFTC Ranking Department and the Sichuan Wushu Ranking Office for the latter respectively. Post-competition ranking recognition will be processed in accordance with the provisions of the relevant governing body.

To apply for ranking, please complete the ranking application form and submit it along with your China Adventure registration form.

X. Registration and Check-in

1. Registration Application Deadline: Ranking applications closes on September 20, 2026.
2. Check-in Time and Location: All participating teams must check in at the CITIC Guoan Emeishan Gymnasium by 5:00 PM on October 15, 2026. Upon check-in, please submit the original competition registration form, original remittance slip, original liability waiver, a copy of your

ID card, medical examination certificate, accident insurance policy (covering round-trip travel), and one 1-inch photo (required for new applicants for Sichuan Wushu Association membership; please write your organization and name on the back of the photo). If you already have a membership card, please bring a copy and collect the competition program and participant materials.

3. To ensure the accuracy of registration and event entries, the Organizing Committee will communicate with each team to verify the contents of the registration forms upon receipt. We ask that all teams provide detailed contact information, including the contact person's name, address, landline, mobile phone, fax number, and email address.

XI. Fees

Athlete Participation Fees:

1. Individual and Sparring Events

- i. Individual members of the Sichuan Wushu Association: Registration fee of 100 yuan; event fee of 150 yuan (covering two individual events);
- ii. Non-members of the Sichuan Wushu Association: Registration fee of 200 RMB; event fee of 300 RMB (covering two individual events);

2. Team Events

- i. Members: Registration fee of 100 RMB per person; competition fee of 50 RMB per person;
- ii. Non-members: Registration fee of 200 RMB per person; competition fee of 100 RMB per person.

iii. Membership Fees for Athletes:

Membership Fees: To apply for individual membership to the Sichuan Wushu Association, a four-year membership fee of 200 yuan (50 yuan per year) is required; individuals aged 60 and over are exempt from membership fees but must pay a 20-yuan processing fee for the membership card.

3. Competition Accommodation and Travel Expenses: Participants are responsible for their own accommodation and travel expenses during the competition; the Organizing Committee may recommend nearby hotels for reference.

XII. Payment Methods

Please submit your competition payment(s) with your China Adventure registration form and fees.

XIII. Contact Information

1. Mainland China Group Registration and Inquiries (Weekdays 9:00 AM–5:00 PM):

Contact Person: Mr. Qi, Phone: 19150193035 (Event Inquiries):

Ms. Tao 18408299938 (Registration Form & Email Contact):

Ms. Dai 13880691838 (Logistics & Hospitality):

Ms. Guo 18708182140 (Logistics & Hospitality)

Registration Email: 1506339639@qq.com

2. Overseas Group Registration and Inquiries:

Contact Person: Wang Zhaochuan 139 0804 3569

3. International Yang Family Tai Chi Chuan Association China Adventure participants:

Contact Person: Fernando De Lazzari at ranking@yangfamilytaichi.com

XIV. Safety Measures

To prevent safety incidents during the competition and effectively control potential hazards, the Organizing Committee imposes the following basic requirements on participating units:

1. Careful organization and strict oversight. A comprehensive assessment of the physical health of all participating athletes must be conducted. If an accident occurs due to the intentional concealment of a participant's health issues, the relevant personnel will be held accountable.
2. Team leaders and coaches must educate their team members on sports ethics, competition conduct and discipline, competition rules, and legal awareness to enhance the moral character and legal consciousness of team leaders, coaches, and athletes, ensuring they compete in a civilized manner.

XV. Other Matters

1. Handling of Registration Changes: If changes must be made due to special circumstances, a processing fee of 100 RMB will be charged for each item modified (including event, routine name, name, gender, age group, etc.). No change requests will be accepted after 6:00 PM on September 23, 2026.
2. Withdrawal Procedures: After registration and payment, participants unable to compete due to injury or illness may receive a full refund of the entry fee upon submission of a written application and a medical certificate from a hospital at the county level or above. No refunds will be processed after the registration deadline.
3. Athletes must report for roll call 30 minutes prior to the competition. Failure to appear after three roll calls will result in a forfeit. Athletes who violate competition regulations or commit serious disciplinary offenses will have all their competition results annulled.
4. The arbitration committee members and referees for this competition will be appointed by the Organizing Committee.

XVI. The Organizing Committee reserves the right to interpret and amend these regulations.

XVII. Any matters not covered herein will be announced separately.

****International Yang Family Tai Chi Chuan Association participants, be sure to read the supplementary document to see the changes to the above that pertain to you.***



Appendix 2

Supplementary Notes on the Competition Regulations for the 3rd International Yang Family (Style) Tai Chi Elite Competition

To All Relevant Organizations and Individuals:

Since the Sichuan Provincial Wushu Association issued the “Competition Regulations for the 3rd International Yang-Style Tai Chi Elite Competition” on May 9, 2026, the International Yang Family Tai Chi Chuan Association (as the organizing body) and Yang Family Tai Chi (Beijing) International Cultural Development Co., Ltd. (as the co-organizing body) have received inquiries from Yang style tai chi-related organizations and practitioners both domestically and internationally regarding the competition regulations. Following review by the Organizing Committee, we hereby provide the following supplementary clarification regarding the competition schedule, registration fees, and registration methods for the Yang-style Tai Chi competition events as outlined in the competition regulations.

I. Competition Events:

1. In the second category of individual events, “Traditional Events,” Yang-style Tai Chi includes: the 40-form Yang-style Tai Chi competition routine, the Yang Family Tai Chi Essential Form, the Yang Family Tai Chi 26 Form, the traditional Yang Family Tai Chi sword form, the traditional Yang Family Tai Chi sabre form, and other traditional Yang-style Tai Chi forms and weapon forms;
2. In the first category of group events, “Forms,” the following are included: Tai Chi (Eight Methods and Five Steps), 24-Form Simplified Tai Chi, 42-Form Tai Chi, Yang Family Tai Chi Essential Form, Yang Family Tai Chi 26 Form, and other Tai Chi forms;
3. In the second category of group events, “Weapons,” the following are included: Tai Chi Fan, 32-Form Tai Chi Sword, 42-Form Tai Chi Sword, Traditional Yang Family Tai Chi Sword Form, Traditional Yang Family Tai Chi Sabre Form, Other Tai Chi weapons (including mixed routines combining weapons and forms).

II. Fees:

All relevant organizations and individuals practicing Yang Family Tai Chi forms may register with the International Yang Family Tai Chi Chuan Association.

The registration fee is 350 RMB per person (covering registration and competition fees for two

individual events and two group events. Refer to the China Adventure Registration package for payment options.

Registration Deadline:

August 20, 2026, at 24.00H Pacific Time.

Registration contact:

Fernando De Lazzari at: ranking@yangfamilytaichi.com

1. All other procedures remain unchanged. Any necessary adjustments will be announced separately at a later date.
2. This supplementary notice is intended solely for internal registration purposes. Please do not distribute it externally to avoid unnecessary complications.
3. Any matters not covered herein will be announced separately.

May 22, 2026

3rd International Yang Family (Style) Tai Chi Elite Competition Waiver

Team Name: _____ Team Leader: _____

The undersigned (the signatory below) voluntarily submits the registration form for the 3rd International Yang-Style Tai Chi Elite Competition and agrees to assume full responsibility for any consequences resulting from death or disability caused by any accident that may occur during participation in the event. The undersigned, on behalf of themselves, their heirs, personal assistants, agents, representatives, and designated persons, authorizes the relevant staff of the Organizing Committee of this competition to handle fairly any accidents or legal disputes arising during the event, including all related claims, actions, and requests. Under the principles of fairness and impartiality, I voluntarily accept all consequences. I also fully understand that any medical assistance provided by the tournament organizing committee's staff during the event constitutes basic first aid. While receiving treatment is my right, I assume full responsibility for any accidents that may occur during the administration of first aid.

I (the undersigned) agree to and will abide by all competition rules established by the Organizing Committee. Any objections must be resolved in accordance with the Organizing Committee's arbitration regulations.

I consent to being photographed, videotaped, or broadcast during all activities held during the event, including training, practice sessions, competitions, and other related events. I consent to the Organizing Committee using my name, address, voice, movements, likeness, and biographical information in whole or in part, in any language, with or without other content, without restriction, through television, radio, video, media images, or any other media or equipment. This includes any images or audio that may be used at any time in the future as needed, and I will not make any claims or seek compensation.

I have read and fully understand the contents of the above statement.

Signature Summary Form for the Liability Statement of the Third International Yang-Style Tai Chi Chuan Elite Competition Registration Form:

No.	Name	ID Number	Phone No.	Signature
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