



CHINA ADVENTURE 2026

China Adventure 2026 is a once-in-a-lifetime journey that blends world-class Tai Chi competition, deep cultural heritage, and unforgettable travel across China's most iconic landscapes. Centered around the 3rd Yang Family Tai Chi International Elite Tournament at sacred Emei Mountain, this experience brings together practitioners from around the world to compete, connect, and celebrate the living tradition of Yang Family Tai Chi.

For tournament participants, the adventure begins in Chengdu and continues to Emei Mountain, where participants prepare through group rehearsals before the tournament's opening ceremonies. Over several inspiring days, athletes take part in individual and group events, culminating in award ceremonies, master demonstrations, and international group performances.

For folks not participating in the tournament, their adventure begins in Chengdu, where you'll explore the Sichuan Food Museum, learn to cook iconic dishes, sip local teas, and stroll historic streets while soaking in the city's vibrant flavors. Journey to Emei Mountain with a memorable stop at the Leshan Giant Buddha.

A defining highlight is the Centennial Birthday Commemoration of Grand Master Yang Zhenduo, featuring scholarly presentations, personal remembrances, and a vibrant disciples' celebration that honors lineage, excellence, and shared purpose.

Beyond the tournament, participants embark on a remarkable cultural journey. Experience the serenity of Emei Mountain, meet the beloved giant pandas of Chengdu, stroll historic Kuanzhai Alley, and enjoy the energy of Taikoo Li. Travel onward to Yangshuo for bamboo rafting among dramatic karst peaks and an unforgettable evening at the open-air spectacle Impression Liu Sanjie. Explore Guilin's night river cruises before flying to the sacred Wudang Mountains. In the Wudang Mountains, the sacred heart of Taoist internal arts, explore legendary temples, experience the Jade Void Palace, and witness the stunning performance A Dream of Wudang. The journey concludes in Shanghai, offering cultural exchange with local Tai Chi communities and time to explore one of the world's great cities.

China Adventure 2026 offers a perfect blend of cultural immersion, scenic beauty, and Tai Chi tradition, making it a memorable journey for many years to come.



THE CELEBRATION OF GRANDMASTER YANG ZHENDUO'S CENTENNIAL BIRTHDAY

CHINA ADVENTURE 2026 ITINERARIES

The 2026 YFTC China Adventure has three distinct tours.

Tour Package A: A 14-day adventure for those not participating in or attending the tournament. It includes an extended tour of Chengdu and Emei Mountain plus Yangshuo, Guilin, Wudang Mountain and Shanghai.

Tour Package B: A 14-day adventure for those attending or participating in the International Tournament of Yang Style Tai Chi Chuan. It includes a tour of Emei Mountain, Chengdu, Yangshuo, Guilin, Wudang Mountain and Shanghai.

Tour Package C: An 8-day adventure for those attending or participating in the tournament and includes a tour of Emei Mountain and Chengdu.

Meals: B = Breakfast L = Lunch D = Dinner

TOUR PACKAGE A

Cost: Single Room: \$3,200 USD; Double Room: \$2750

Day 1	October 15	Arrive at Chengdu Tianfu International Airport (TFU). Stay in Chengdu Meals: none
Day 2	October 16	Visit Sichuan Food Museum: cook a Sichuan dish and taste Sichuan food. Stay in Chengdu Meals: BLD
Day 3	October 17	Strolling around Chengfu on your own, taste local food, tea, cycling, etc. Stay in Chengdu Meals: B
Day 4	October 18	Morning: Visit to the Wuhou Shrine (Temple of Marquis Wu), a shrine dedicate to Zhuge Liang and others from the Shu Han kingdom during China's Three Kingdoms period. Afternoon: Bus to Emei Mt with a stopover to see the Leshan Giant Buddha by boat. Stay in Emei Mt. Meals: BLD
Day 5-14	October 19-28	Join Group B



TOUR PACKAGE B

Cost: Single room \$3000 USD; Double Room: \$2550

Day 1	October 15	Arrive at Chengdu Tianfu International Airport (TFU). Travel to Emei Mountain. Evening: Rehearsal of group performance of 26 Form Stay in Emei Mt. Meals: None
Day 2	October 16	Tournament Opening Ceremonies, Tournament. Stay in Emei Mt. Meals: BLD
Day 3	October 17	Tournament. Stay in Emei Mt. Meals: BLD
Day 4	October 18	Morning: Tournament Afternoon: Tournament Award Ceremonies Master's Demonstration Int'l Group Performance Closing Stay in Emei Mt. Meals: BLD
Day 5	October 19	Morning: Grand Master Yang Zhenduo Centennial Birthday Celebration, Academic Presentations, Remembrances Afternoon: Disciples Celebration (everyone welcome) International cultural performances Stay in Emei Mt. Meals: BLD
Day 6	October 20	Morning: Tour of Emei Mountain Afternoon: Bus to Chengdu Stay in Chengdu Meals: BLD
Day 7	October 21	Morning: Visit Chengdu Research Base of Giant Pandas Afternoon: Visit Kuanzhai Alley, a newly renovated Qing dynasty district – a good pace to stroll, try some local food, shop for souvenirs and get a taste of local culture, and Taigu Business Street (Sino-Ocean Taikoo Li Chengdu) Stay in Chengdu Meals: BLD
Day 8	October 22	Fly to Guilin and bus to Yangshuo Evening: Attend performance about Liu Sanjie: the famous large-scale outdoor musical performance, "Impression Liu Sanjie", held on the Li River in Yangshuo, based on her story Stay in Yangshuo Meals: BLD
Day 9	October 23	Morning: Bamboo rafting in Yangshuo offers scenic floats on the Li or Yulong Rivers, showcasing stunning karst landscapes, with Yulong River providing calmer, more traditional non-motorized experiences than the Li River's noisy motorized crafts Afternoon: Bus to Guilin Evening: Night boat tour Stay in Guilin Meals: BLD
Day 10	October 24	Morning: Fly to Wudang Mountain Afternoon: Visit Wudang Mt., the Jade Void Palace, Wudang Museum Evening: Watch Wudang show, "A Dream of Wudang" at the Taiji Theatre featuring martial arts and cultural performances Stay in Wudang Mt. Meals: BLD



Day 11	October 25	Visiting Wudang Mountain Gold Palace (Jindian), Taihe Palace, and Purple Cloud Palace (Zixiao Gong) Stay in Wudang Mt. Meals: BLD
Day 12	October 26	Fly to Shanghai Free time in afternoon Stay in Shanghai Meals: BL
Day 13	October 27	Morning: Exchange event with local tai chi friends Afternoon: Shopping Stay in Shanghai Meals: BL
Day 14	October 28	End of China Adventure 2026 Note: Transportation to airport is not arranged by the tour company Meals: B

TOUR PACKAGE C

Cost: Single room \$1830 USD; Double Room: \$1560

Day 1	October 15	Arrive at Chengdu Tianfu International Airport (TFU). Travel to Emei Mountain Evening: Rehearsal of group performance of 26 Form Stay in Emei Mt. Meals: None
Day 2	October 16	Tournament Opening Ceremonies Tournament Stay in Emei Mt. Meals: BLD
Day 3	October 17	Tournament Stay in Emei Mt. Meals: BLD
Day 4	October 18	Morning: Tournament Afternoon: Tournament Award Ceremonies Master's Demonstration Int'l Group Performance Closing Stay in Emei Mt. Meals: BLD
Day 5	October 19	Morning: Grand Master Yang Zhenduo Centennial Birthday Celebration, Academic Presentations, Remembrances Afternoon: Disciples Celebration(everyone welcome) International cultural performances Stay in Emei Mt. Meals: BLD
Day 6	October 20	Morning: Tour of Emei Mountain Afternoon: Bus to Chengdu Stay in Chengdu Meals: BLD
Day 7	October 21	Morning: Visit Chengdu Research Base of Giant Pandas Afternoon: Visit Kuanzhai Alley, a newly renovated Qing Dynasty district – a good pace to stroll, try some local food, shop for souvenirs and get a taste of local culture, and Taigu Business Street (Sino-Ocean Taikoo Li) Stay in Chengdu Meals: BLD
Day 8	October 22	End of tour. Shuttle service to airport not included



**CHINA ADVENTURE 2026
WAIVER, RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNIFICATION AGREEMENT**

I acknowledge that participation in this tour involves inherent risks, including but not limited to travel in mountainous terrain, exposure to high altitudes, altitude-related illness, accidents, injury, or death.

I voluntarily assume all risks associated with my participation, whether known or unknown, foreseeable or unforeseeable, including risks arising from the inherent nature of travel and activities, environmental conditions, or the ordinary negligence of the International Yang Family Tai Chi Chuan Association ("Association").

I hereby waive, release, discharge, and hold harmless the Association, its owners, officers, directors, instructors, agents, employees, volunteers, and representatives from any and all claims, demands, damages, losses, liabilities, or causes of action of any kind arising out of or related to my participation in any tour, activity, or service associated with the Association.

I further agree to indemnify and hold harmless the Association from any claims brought by third parties arising out of my participation.

I acknowledge that the Association makes no representations regarding the adequacy, availability, or quality of medical care, equipment, or supplies. In the event of injury or illness, I authorize the Association, at my expense, to arrange or obtain medical treatment, evacuation, or other services deemed reasonably necessary for my safety and well-being.

This Agreement shall be governed by and construed in accordance with the laws of the country in which the International Yang Family Tai Chi Chuan Association is legally registered, without regard to conflict-of-law principles. Any dispute arising out of or relating to this Agreement shall be resolved in the courts or other competent legal forum of that jurisdiction.

If any provision of this Agreement is held to be invalid or unenforceable, the remaining provisions shall remain in full force and effect.

This Agreement constitutes the entire agreement between the parties and supersedes all prior oral or written agreements or representations regarding the subject matter herein.

I confirm that I am legally competent to enter into this Agreement, that I have carefully read and fully understand its contents, and that I sign this Agreement voluntarily and without reliance on any oral representations outside this Agreement.

BY SIGNING THIS AGREEMENT, I UNDERSTAND THAT I AM WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO MAKE CLAIMS FOR INJURY OR DAMAGES.

Participant Name (Print): _____ Signature: _____ Date: _____
mm/dd/yyyy

GUARDIAN CONSENT FOR MINOR PARTICIPANTS (UNDER 18 YEARS OLD)

I, the undersigned, am the parent or legal guardian of the minor participant named below. I have read and fully understand the "China Adventure 2026 Waiver, Release of Liability, Assumption of Risk, and Indemnification Agreement" and the accompanying Plain-Language Summary.

I hereby give my consent for my child/ward to participate in all activities associated with the International Yang Family Tai Chi Chuan Association tour in China. I agree to assume all risks associated with their participation, including injury, illness, or death, and I waive, release, and indemnify the Association, its owners, officers, instructors, agents, and employees from any claims arising from ordinary negligence or other risks inherent to the activities.

I also authorize the Association to arrange, at my expense, any medical care, treatment, or evacuation deemed necessary for the safety and well-being of my child/ward.

I certify that I am legally competent to sign this consent and that I sign voluntarily on behalf of my child/ward.

Minor Participant Name (Print): _____ Minor Participant Date of Birth: _____
mm/dd/yyyy

Guardian Name (Print): _____ Guardian Signature: _____ Date: _____
mm/dd/yyyy



CHINA ADVENTURE 2026
Tour Package Registration Form

1. IDENTIFICATION

First Name on Passport Last Name on Passport Gender: F M

Birthdate: MM/DD/YYYY Passport Number Expiration Date: MM/DD/YYYY

Address City State/Province Zip

Country Email Phone

Name of Emergency Contact Email Phone

Group (if applicable) Roommate Preference(if you choose double room)

2. TOUR PACKAGE (PLEASE CHECK ONE)

Tour Package	Arrival/Departure	Double Room	Single Room
Tour Package A	Arrival Chengdu on Oct 15 (Leave Shanghai on Oct 28)	\$2,750	\$3,200
Tour Package B	Arrival Chengdu on Oct 15 (Leave Shanghai on Oct 28)	\$2,550	\$3,000
Tour Package C	Arrival Chengdu on Oct 15 (Leave Chengdu on Oct 22)	\$1,560	\$1,830

Yang Family Tai Chi will organize an International Guests group performance.
Are you going to participate? (there is a \$100 fee for the uniform include t-shirt, and pants) Yes No

Measurement for uniform:

What is your height? _____ cm What is your weight? _____ kg

What is your pants length? _____ cm

3. ARRIVAL & DEPARTURE INFORMATION

Arrival Chengdu:
Date: mm/dd/yyyy Time Airline Airport code Flight Number Departing From

Departure Chengdu:
Date: mm/dd/yyyy Time Airline Airport code Flight Number Airport

Departure Shanghai:
Date: mm/dd/yyyy Time Airline Airport code Flight Number Airport

4. COMPETITION/RANKING INFORMATION:

Competition Fee: \$55. Essential Form 26 Form Sword Saber
You may participate in a maximum of two events: one hand form and one weapon form. Check the one(s) in which you will compete.
Division A (under 11 years old) Division B (12-17 years old) Division C (18-39 years old)
Division D (40-59 years old) Division E (60-70 years old) Division F (over 70 years old)

Yang Family Tai Chi Ranking Fee: \$ 40 (rank 1-3) \$60 (rank 4-6)

Chinese Martail Art Ranking Fee: \$ 210-\$380

5. REFUNDS AND CANCELLATIONS

Please make your Check or Money Order payable to:

Yang Family Tai Chi Chuan.

In USA you can use Zelle send to:

(206) 618-2119

If you wish to pay by Paypal, there is an additional 4% charge. Our Paypal account is:

payment@yangfamilytaichi.com

Send in your completed tour package form and full payment by July 15, 2026. Please note: a deposit is due by May 15, 2026 (see below.) If you are with a group, please give your tour registration forms to your group leader for group submission to the International Association. If you are not with a group, please send your tour registration forms and payment directly to the International Association.

For more information and tour schedule please see:

<https://yangfamilytaichi.com/china-adventure-2026/>

Tour Package A	
Double Room \$2,750	\$ _____
Single Room \$3,200	
Tour Package B	
Double Room \$2,550	\$ _____
Single Room \$3,000	
Tour Package C	
Double Room \$1,560	\$ _____
Double Room \$1,830	
Competition Fee: \$55	\$ _____
Yang Family Ranking	
Rank 1-3 \$40	\$ _____
Rank 4-6 \$60	
Chinese Martial Arts Rank <small>(see information page)</small>	\$ _____
Uniform for Demonstration Cost \$100	\$ _____
Subtotal:	\$ _____
If use Paypal 4% Charge Add of Subtotal	\$ _____
TOTAL AMOUNT:	\$ _____

5. REFUNDS AND CANCELLATIONS

A \$200 non-refundable deposit must be received by May 15, 2026. Full payment must be received by July 15, 2026. After July 15, 2026 an additional fee may apply. Cancellations before Aug 15, 2026 will be charged 60% of total tour and bank fees. Cancellations after Aug 15, 2026 will be charged 100% of total tour and bank fees. Each person is responsible for their own travel insurance. Please contact your travel or insurance agent for more information.

6. VISA INFORMATION

A visa may be required for travel to China. Please apply for your visa 30-60 days prior to your departure and/or check with your local Chinese embassy for visa information as rules may differ according to location.

7. TOUR FARE INCLUSIONS

- All hotels in China.
- Meals follows tour package in China.
- Transportation as specified in tour itinerary.
- Admission and fees to temples, shrines, etc. as specified in tour itinerary.
- Service of English speaking guides for sightseeing.

Please note, the tour fare does not include gratuities. The recommended gratuities for tour guides, drivers and servers are \$140 for Group A & B and \$90 for Group C. Please remit to Fang Hong upon arrival. Concierge gratuities are not included in the above recommended amounts and will be at the discretion of the traveler.

8. MAIL TO

Yang Family Tai Chi
PO Box 777013,
Henderson, NV, 89077 USA
Email: chinatrip@yangfamilytaichi.com



**3rd INTERNATIONAL YANG FAMILY TAI CHI ELITE TOURNAMENT
GROUP REGISTRATION (COMPLETE ONE FORM PER GROUP)**

1. GROUP EVENT REQUIREMENT

- Complete one form per group
- A tournament group needs a minimum of 6 participants and a maximum of 9 for weapon events and 12 for hand form events.
- Every team can participate in Hand Form and/or Sword Form and/or Saber Form.
- Every team may have male and female participants.

2. GROUP INFORMATION

Group Name: _____

Team Leader: _____

Group Event: Hand Form Sword Form Saber Form

3. NAME LIST

Full Name	Gender	Birthday: Month/Day/Year
	M F	
	M F	
	M F	
	M F	
	M F	
	M F	
	M F	
	M F	
	M F	
	M F	

4. EMAIL COMPLETED TOURNAMENT REGISTRATION FORM

chinatrip@yangfamilytaichi.com

CHINESE WUSHU DUAN WEI RANKING SYSTEM

International Participant Guide

What Is the Duan Wei System?

The Chinese Wushu Duan Wei System is China's official national ranking system for traditional Chinese martial arts. It evaluates practitioners on technical skill, theory, ethics (Wude), and overall proficiency, rather than competition results alone. The system is administered under the authority of the Chinese Wushu Association.

Examination Structure

Elementary Duan (1st–3rd Duan)

- Etiquette & Ethics: Baoquan salute and Wushu moral conduct (Wude)
- Technical Exam: Solo routines matching 1st–3rd Duan movement quantity and difficulty
 1. Official Duan Wei routines
 2. National promotion routines
 3. Elementary competition routines
 4. Approved style-specific routines

Intermediate Duan (4th–6th Duan)

- Written Theory Exam: Basic Wushu theory
- Technical Exam: Solo routines matching 4th–6th Duan movement quantity and difficulty
 1. Official Duan Wei routines
 2. National promotion routines
 3. Intermediate or advanced competition routines
 4. Approved style-specific routines

Advanced Duan (7th–8th Duan)

- Technical Exam: One barehand routine + one weapon routine (not lower than 6th Duan level)
- Written Theory Exam (closed book)
- Interview & Oral Defense
- Comprehensive Review: Ethics, skill, teaching ability, achievements, and social contribution

Rank Placement for International Participants

International participants may apply directly for an appropriate Duan level without holding all lower ranks, provided that:

- The performed routine matches the required technical difficulty
- All examination components are passed
- Required documentation is submitted

Placement is based on demonstrated skill, not years of training alone.

3rd YANG FAMILY TAI CHI INTERNATIONAL ELITE TOURNAMENT

RANKING PROCEDURES

Emei Mountain, China · 2026



Suggested Duan Levels (Guideline Only)

Training Experience	Suggested Duan
1–3 years	Pre-Duan / 1st Duan
3–5 years	1st–2nd Duan
5–8 years	2nd–3rd Duan
8–12 years	4th–5th Duan
12–20+ years	5th–6th Duan

Final placement is determined by examination results.

Registration & Fees

Required Materials:

Registration form, application form, two 2-inch photos, passport/ID copy, and supporting materials Deadline: July 15, 2026.

Fees (USD):

Fees for Duan Promotion, Registration, Training and Examination:

Duan 1 - \$210 Duan 2 - 240 Duan 3 - \$280 Duan 4 - \$310 Duan 5 - \$370 Duan 6 - \$380

Certification

Successful candidates may apply online for an official electronic Duan Wei certificate through the Chinese Wushu App.

All Yang Family Tai Chi Association members in good standing who adhere to the Yang Family Tai Chi Commandments and Code of Conduct may apply for Duan Ranking during the tournament.

Important: Ranking is available only to competitors participating in the tournament. Ranking without competition is not permitted for this event.

Application Deadline

Ranking applications must be received by the Yang Family Tai Chi Ranking Department no later than August 16, 2026. Email them to: ranking@yangfamilytaichi.com. Ranking fees should be submitted with the tour registration fees no later than July 15, 2026.

Eligibility Guidelines

First-Time Applicants

- Members are generally expected to enter the ranking system at Copper Eagle (Rank One) and advance sequentially.
- A member with three (3) or more years of systematic Yang Family Tai Chi Chuan practice may apply directly for Silver Eagle (Rank Two) if:
 - They demonstrate commitment to Yang Family Tai Chi morals and commandments, and
 - They submit a written recommendation from their teacher.
- Approval must be granted by a Yang Family Tai Chi Center or the Ranking Department.
- Non-sequential ranking is not permitted for any other rank.

Applicants Advancing to the Next Rank

- Ranked members may apply only for the next sequential level.
- For this tournament only, the normal time-in-rank requirements are modified:
 - Those holding Copper or Silver Eagle Ranks obtained before December 31, 2025 may apply for the next rank.
 - Those holding Gold Eagle, Copper or Silver Tiger Ranks obtained before December 31, 2024 may apply for the next rank.

Evaluation Standards (All Applicants)

- The final competition score awarded by the chief judge serves as the qualifying score for ranking.
- Required scores listed below are higher than standard ranking scores, reflecting the competition scoring scale.

Required Scores by Rank

Copper Eagle – Rank One

- Minimum 7.9 in 22 Essential Form or 26 Form
- 60+ on Rank One written test (history & theory)

- A minimum combined score: 26.1+

- 75+ on Rank Four written test
- Satisfactory completion of Push Hands Skills (Rank Four)

Silver Eagle – Rank Two

- Minimum 8.3 in 22 Essential Form or 26 Form
- 65+ on Rank Two written test

Silver Tiger – Rank Five

- Minimum 8.9 in:
 - 22 Essential Form or 26 Form
 - Sword
 - Saber

Gold Eagle – Rank Three

- Minimum 8.6 in:
 - 22 Essential Form or 26 Form
 - One weapon form
- A minimum combined score: 17.2+
- 70+ on Rank Three written test

- A minimum combined score: 26.7+
- 80+ on Rank Five written test
- Satisfactory completion of Push Hands Skills (Rank Five)

Copper Tiger – Rank Four

- Minimum 8.7 in:
 - 22 Essential Form or 26 Form
 - Sword
 - Saber

Gold Tiger – Rank Six

- Minimum 9.1 in:
 - 22 Essential Form or 26 Form
 - Sword
 - Saber
- A minimum combined score: 27.3+
- 85+ on Rank Six written test
- Satisfactory completion of Push Hands Skills (Rank Six)

YANG FAMILY TAI CHI CHUAN RANKING
CANDIDATE'S APPLICATION FORM

3rd International Yang Family Tai Chi Elite Tournament

YANG FAMILY
TAI CHI



1. IDENTIFICATION

First Name & Last Name

Gender: F M

Birthdate: MM/DD/YYYY

Address

City

State/Province

Zip

Country

Click box: Add square shaped photo digitally

Phone

Email

YFTC Center/School (if applicable)

Rank Applied For

Rank:

Date:

Member I.D.

Current Rank & Date Obtained

Current Ranking Certificate I.D.

2. TEACHER'S APPRAISAL

Teacher's appraisal of student and student's moral character.

Teacher's Signature: _____

Date: _____

3. TEST RESULTS AND EXAMINING COMMITTEE COMMENTS

Hand Form		Sword Form	
Saber Form		Total Skill Score	
Theory Score		Push Hands	

Explanation if applicant does not pass:

Test results	Pass	No Pass
Sufficient score in theory test		
Sufficient score in practical form tests		
Sufficient score in push hands		
Moral code requirement attested		
FINAL RECOMMENDATION		

4. EVALUATION COMMENTS (FOR RANKING DEPARTMENT USE ONLY)

Ranking Department Signature: : _____

Evaluation Date: _____